

Fuelling Young Minds Every Morning

Breakfast boxes packed by children, for children - nourishing Queensland students so they are ready to learn.



commonkind

Evolving Australia from the lucky country to the loving country.

The Reality in Aussie Classrooms

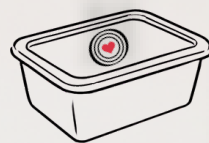
1 in 6 Aussie children face food insecurity - far too many of them arrive at school on an empty stomach - impacting their concentration, wellbeing, and ability to thrive.

Child-Led Innovation: The Bowl Lotta Love Story

What started as an idea from a 7-year-old changemaker is now a child-led movement. We partner with children and young people to pack grab-and-go breakfast boxes for vulnerable students in low-ICSEA schools across QLD.

What's Inside a Breakfast Box?

Each box is packed by Aussie children and delivered straight to the school door containing:



- Cereal (Quick & filling morning start)
- Long-Life Milk (Nutrient-rich popper)
- Muesli Bar (Energy for the school day)
- Spoon (Ready to eat anywhere)
- A Kind Card (Hand-written message from a child to brighten another child's day)

97%

students feel happier and ready to learn after getting a breakfast box.

Proven Impact at a Glance

98%

educators state the program is essential for student wellbeing.

91%

parents report relief from the financial stress of feeding their kids.

“ **Thank you for filling our bellies and making us laugh.**

- Year 9 Student - ”

150+ Schools Are Still Waiting

Right now, 150+ schools across Queensland - representing 83,644 students from Longreach to Logan, Weipa to Wynnum - are on our waiting list.



How Your Support Directly Helps (\$5 = 1 Box Delivered)

\$25 delivers 5 Breakfast Boxes to hungry students.

\$100 fuels 20 children with a breakfast and a smile.

\$500 provides 100 Breakfast Boxes directly to a local school in need.

\$2,500+ sponsors an entire waitlisted school's breakfast supply for a term.

Partner with commonkind today to fuel young minds and build a Queensland where every child starts the school day ready to learn, connect, and grow.



Help Us Clear the Waitlist: Every \$5 you give delivers a complete breakfast box and a message of kindness directly to a Queensland student.



Donate Online: Scan the QR code or [click here](#) to donate to Bowl Lotta Love. **Gifts of \$2+ are tax-deductible.**

Get in Touch: Email give@commonkind.org or visit commonkind.org to discuss corporate partnerships.



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commonkind is an Australian registered charity that provides age-appropriate community service opportunities for children, young people, and families to assist fellow Australians suffering disadvantage and distress. **We empower young hearts to build kinder communities.**

COMMONKIND LIMITED (ABN 86 676 508 188) is a registered charity and Public Benevolent Institution with the Australian Charities and Not-for-profits Commission.



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Learn more

www.commonkind.org